



RETURN TO WORK PROGRAM BENEFITS YOU AND YOUR EMPLOYER

COURTESY OF STATE COMPENSATION INSURANCE FUND

Being temporarily unemployed due to an on-the-job injury can be a frightening and uncertain time.

But research has shown you will recover faster if you remain more active. Inactivity can quickly lead to a decline in physical and psychological wellness. Reversing these changes often takes much longer than the inactivity that caused them. The good news is that State Fund offers employers a program that can help restore you back to your normal routine as quickly as possible.

State Fund's Return to Work (RTW) Program involves your employer working with you to help you get safely back to work as soon as medically appropriate. There is often more than one way to create transitional work. Your job tasks may temporarily change, the length of time doing certain tasks may be shortened, or perhaps some existing piece of equipment may be modified.

Employees participating in an RTW program may experience:

- Improved healing and faster recovery time by staying active.
- Reduced negative psychological effects and improved emotional well-being.
- Retention of seniority.
- Higher compensation than receiving temporary disability payments only.
- Security of working for the same employer.

A return to work plan after a workplace injury or illness helps you maintain your work skills, recover faster, and continue working with your friends and coworkers. Talk to your manager or supervisor about your company's return to work program.

Related Links:

- [State Fund's Return to Work Program](#)
- [Return to Work brochure](#)